

ALAN WATT TRANSCRIPT
JEFF RENSE INTERVIEWS ALAN WATT
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Jeff: Okay, welcome back and it's a pleasure to welcome a new voice to the program. He is Alan Watt, W-A-T-T. Alan was recommended to me by several people and I'm very pleased we'll spend some time with him to get to know him just like you will as well. He is an iconoclast as it were, an unusual man who sees things very clearly and I'm sure many of you will appreciate exactly what he has to say. It's great to hear a fresh perspective on things we deal with constantly on this program. We can never hear too many honest perspectives and true insight. Alan, welcome to the program.

Alan: It's a pleasure to be here. Thanks for asking me on.

Jeff: It's my pleasure and if you go to Alan Watt's website, just click on his name. It is cuttingthroughthematrix.com, you'll read something at the top I want to underscore because this is really important. Most of the people in the truth movement, whatever angle they're working, who are sincere, who are honest, are not making any money at it. They're doing this basically out of their own pocket, if they have any pockets to go to, and at the top of Alan's website he has just a note here for people. It says: "Your support finances this information into existence. Each bootleg copy of the books, CDs, and DVDs starves the source into closing down. Your choice. I can return to teaching small groups in person in order to survive. I receive no payment for all the guest appearances on radio and TV which are available for free download. So, play fair, help the source." and I would underscore that. We need to all play fair and support people who are working on all of our behalf to try to shake the lethargy off of what's left of the thinking American public and it's no mean feat. It's a very tough task and Alan is one of the people working very hard to do that. So my friend, you're here and we're all ears as it were and cuttingthroughthematrix.com rather sums it up.

When did you become aware of the great game that was going on? Not that it's a game of fun. It's a very deadly game.

Alan: Really, as far back as I can remember I knew that things weren't as they appeared, even from childhood, just by observing adults and watching and listening to what the arguments were about and being brought up in Britain especially I thought, well, an empire apparently was ruled by London for centuries and how come in all these working class areas everyone was just scraping by to pay their rent, their bare essentials. They didn't have credit cards back then--

Jeff: Wage slaves even then.

Alan: Yes, and yet when you're small and you visit your friends' homes, you're

ignored by the adults so you can listen and every house I went into I could hear their parents arguing about the same basic things.

Jeff: Alan Watt, the fly on the wall.

Alan: Yes and of course it didn't take too long to dawn that you lived in "a rigged system" where even the wages were rigged. You could go from one end of the country to the other in any occupation and there was always a starting wage and a maximum wage, which had to be fixed and organized too, and supposedly they called it "a free market," so it was an oxymoron. If it was a free market there'd be all kinds of incentives; they were not there.

Jeff: Right. Fixed wages. That should be a giveaway for anyone looking at a paradigm to walk into. You're right. What we have going on here is - I guess if we completely lose our sense of humor we're finished. We have to laugh at some of it. It is so despicable and so absurd. Alan Greenspan and I have the story. I don't know if you happen to see it or not, just the other day. I'll try to find it, said that he wanted more foreign workers of technical skills brought into the country to lower the wages paid to American skilled workers because they were too high. They need to equalize everything. That's his solution to people who work their entire lives to train themselves to become skilled and to get ahead. His solution is to bring in more visa workers from India and all over the world to work at one-fourth the salary to knock that terrible wage that these people are earning down to a more equitable shall we say Communistic level, which is what it's all about. This is all collectivism.

Alan: Collectivism - it's a fascist elite, a "pathocracy" is the proper term for them.

Jeff: Pathocracy. Very good.

Alan: They are technically psychopaths and they are hereditary psychopaths that buddied up a long time ago and they breed with each other, and this is an area of psychology that's been persecuted in fact even behind the Iron Curtain when it was on the go. Some of them then had to ask, how come these leaders always end up as utter butchers? and then they went into a field of psychopathy and realized this wasn't a new idea. Many had studied Napoleon and other tyrants who came under popular demand and then went a different direction, and then you find out that there's a fringe group in every generation of very intelligent people. If they're born into families who already exist with power, they are psychopathic and they hold on to their power; but they employ from the lower classes of psychopaths the bureaucracies and the military characters to keep their power intact. This is an area as I say that no one wants to touch. They have certain MOs [modus operandi] in every era. They always have their wars ongoing. They always pick what appears to be a moral stance and they always turn their own countries into prison states because they're terrified of the public. That's the bottom line with pathocracies.

Jeff: That's a great term, pathocracy. I'll remember that. The issue of bluebloods and people of - I'm not going to say upper caste, but people of money and power and greed and psychopathy do stay together, do breed together. It's all in the family and for those of you out there again who are Al Gore supporters, that's fine, but understand that Al Gore ran with Joe Lieberman in the year 2000. Now if that

doesn't tell you an awful lot you're not listening. Your ears are plugged and your eyes are closed. Now let's follow that just a half step further and bring it closer to Gore's family. Who did Al Gore's daughter marry? I told you folks this before. Al Gore's daughter married the grandson of Jacob Schiff, okay. If you don't know who Jacob Schiff is, Google search it. It's all in the family. This is one small strata of people in the Western world and probably the Eastern world as well who maintain almost diabolically complete control over billions of people and uncountable resources. It's extraordinary. So again, these people play together, they stay together, they marry within their caste and that's how they perpetuate it.

Oh, here's the Greenspan story. Let me just read this for a moment if I might, Alan Watt, and this is fascinating. Alan Greenspan is worried about – now think about this, alright. Think about communism, fascism whatever label you want to hang. It's a little bit blurry these days but let me read this story to you.

"Alan Greenspan is worried about income inequalities in the United States. But before you jump up with joy that Greenspan is finally speaking out against the skyrocketing salaries of CEOs, hold your celebrations for another time!

Greenspan's big worry is that "skilled workers" get paid way too much compared to the rest of our population. Judging by Greenspan's comments, when he talks about "skilled workers" he isn't talking about CEOs and other assorted corporate fat-cats that earn multi-million dollar salaries -- he is probably talking about you.

Give Greenspan credit for one thing -- he not only identifies our national problems he offers 'solutions'! Of course, if you happen to be a skilled worker, Greenspan's solution won't sound too appealing. The hero of the corporatocrats and plutocrats wants to distribute your income into the hands of needy billionaires by using H-1B visa 'skilled workers' to knock you off your haughty middle-class pedestal. Clever, huh?

Here's what Greenspan said:

"Our skilled wages are higher than anywhere in the world. If we open up a significant window for skilled workers, that would suppress the skilled-wage level and end the concentration of income in America."

Well there you have it. Now, what do you call that Alan?

Alan: Well this is just the agenda. See, they've written about this agenda for years. Many of their own members have written about the agenda. These books are never made popular by the media, who'd rather have us focusing on what's happening in Hollywood, but the Brzezinski's, the Jacques Attali's who wrote about the unification of America back in 1990, and he was the Kissinger of Europe, Jacques Attali. He spearheaded the European Union. He said, the next boat people leaving, traveling the world would be Americans looking for work abroad. That's what he said when they eventually bring the borders down. You're watching the global plantation come into view.

Jeff: What is his name again?

Alan: Jacques Attali. A-t-t-a-l-i. He wrote "*Millennium*," that was about the American Union.

Jeff: All right. That's 17 years ago, so they don't really hide much anymore. They put it out there but in the rush of media frenzied self-aggrandizement most Americans don't see it, couldn't care less, really.

Alan: That's the media's job.

Jeff: It is exactly. It's a diversionary drug and we'll be right back with Alan Watt. Welcome back to our conversation with Alan Watt. Alan is a long-term researcher into the causative forces behind major changes in historical development. Born in Scotland, he watched the subtleties of politics and media as they guided the population of the U.K. covertly into a European Amalgamation. He has been warning the North American people for some years now that the same process of amalgamation is being carried out; and boy do we see it now. It is right there rearing its multi-headed faces into our faces, Alan, it's called the North American Union. They've rolled right out - it's right there in broad daylight. No more subtlety, no more stealth. It's there and they're pushing it and it's coming.

Alan: It's coming and they've prepared for years for any fallout from the American people by building up massive internal armies, myriads of them under different names to deal with the problem which they foresee. Europe went through - pretty well they were fooled to the bitter end and even when the countries voted against the European Union they were told they were going to get it anyway. However, they didn't do much more than complain about it, but they do expect some problems within the U.S.

Jeff: I was surprised and remain so and I did indicate that on a number of occasions in the past, at how easily Europe was steamrolled. I thought that the countries of the EU had more backbone. I thought that they had - well certainly they had centuries and centuries of history, of artistic, literary, scientific achievement. They had catastrophes like all nations but my God these countries were almost each in their own way in terms of their history and so on and they folded up like a house of cards. At least that's how it appeared over here.

Alan: That's how it appeared. However, you see what was released after the union was complete and the parliament was set up, they declassified the documentation to do with the union which had been started. It had been signed actually in 1945 under the UN auspices--

Jeff: Really.

Alan: And each country in Europe had a covert department which officially set up in 1948 with bureaucrats working across the channel with each other and having annual meetings as they gradually set this up, and it stated right there when they declassified it that "the public must never be told the truth until it was all complete and finished."

Jeff: That was a 50-year plan.

Alan: That was a 50-year plan. These guys work with 50, 100-year plans, just like the Soviet Union did and just like the United Nations did, and this is how it works you see and first they introduced decimalization into Britain many years before. I knew that was the start of it as they changed the currency and then everything went metric; and sure enough, each prime minister lied and lied and lied and denied they were actually uniting. That was their job because governments do not serve the people. They never have in actual fact. They serve a plutocracy of these psychopaths basically. They're picked and vetted by them before the public even see them to vote for.

Jeff: Correct. And on the odd occasion when someone does get through who is unique, who is outspoken, who doesn't want to play the game, they don't get far or they're eliminated. That's the bottom line.

Alan: Absolutely, absolutely. And because, once again, even the higher bureaucrats are picked. They're given psychological examinations. They know they have psychopathic qualities and traits so they're also picked because they will only serve their paymaster and they have no conscious as to what's to be done to the people beneath them. This is how this entire structure works today.

Jeff: Sure. Many of them of course are tricked, compromised and then blackmailed or threatened with same. The methods of control are certainly many but the bottom of the issue is always one of control when you boil it down to talking about control. They can control anybody they want at anytime and if they can't, they'll kill them.

Alan: They kill them and also if you go into Aldous Huxley who was one of them and he was descended from Sir Thomas Huxley who chose the main authors to write fiction and non-fiction for predictive programming purposes to get the public to go along with these agendas. He chose H.G. Wells in fact and Huxley said himself at Berkeley, he says, I don't see why a scientifically run dictatorship could not exist forever. He said the reason the elite in past ages failed is because they couldn't supply enough bread and circuses to the people, but he says under a scientifically controlled dictatorship where you can get children from kindergarten and indoctrinate them scientifically and then you get the culture industry which gives them their culture, then he says there's no reason why it should ever fail.

Jeff: Who was it, Stalin or Lenin, who said, I don't care about your adults, give me the children and we'll take care of it from there.

Alan: He said that after, in fact, Ignatius Loyola also said the same thing. He said, "give me a child before the age of seven and I'll make him into whatever I wish."

Jeff: That's right. That's exactly right.

Alan: The techniques never change because they do work you see.

Jeff: Oh, they work perfectly, cradle to grave now and the scientific aspect of world dictatorship, which I don't care what - I mentioned earlier, labels. Labels mean next to nothing anymore. It's all about power and control. That's what it is.

Alan: For total control. It was Beria who was the head of the Secret Police in the old Soviet Union in the 1930's when it was the NKVD. He said at Comintern (internationalist communists) meeting, he said "we can now alter the culture and upgrade it every five years, where it used to take us 70 years to make one change."

Jeff: And when did he say this?

Alan: 1933.

Jeff: Wow. I guess that's about the time Tavistock cranked out its engines as well. Social engineering. Edward L. Bernays of course the "father of spin, the father of mass propaganda," practiced by the Germans but practiced just as well as the Germans did by practically every other so-called major power on the planet. The Chinese had a goal, the Communist Chinese to put a television in every home by the year 2001 and I believe they met that goal and they know. We'll talk more about TV perhaps with Alan Watt and many other things in just a few minutes. Glad you're along. Don't go away. Visit Alan's website at cuttingthroughthematrix.com.

Okay, welcome back. Talking with Alan Watt. Before we talk about television, Alan, on your website many of your listings on the left are topic oriented but you always have, almost always have, musical selections, a song or something which states the issue or at least leads the way and further amplifies the matters under discussion. There's one that I ran into on Google Video written by Leonard Cohen. I don't know the name of the song.

Alan: On my site?

Jeff: It's Reality Check with Alan Watt.

Alan: He has a few there. He has "The Future." He puts it all into one song called "The Future."

Jeff: Yes, that's what it is. "You don't know me from the wind"--

Alan: That's right.

Jeff: "You never will, you never did. I'm the little Jew who wrote the Bible. I've seen the nations rise and fall. I've heard their stories, heard them all, but love's the only engine of survival. Your servant here, he has been told to say it clear to say it cold, it's over, it ain't going any further. And now the wheels of heaven stop, you feel the devil's riding crop, get ready for the future, it is murder. Things are going to slide in all directions. Won't be nothing, nothing you can't measure anymore. The blizzard of the world has crossed the threshold and it has overturned the order of the soul. When they said repent, I wonder what they meant." Interesting set of lyrics.

Alan: Yes, Leonard knows what's going on.

Jeff: He does.

Alan: He's well aware. He's well aware of the culture industry's part in all of this because we do have a culture industry and so did our parents that guided us all up to this point and gave us our ideas. We copy the fashions. We copy the sayings, the dances.

Jeff: Culture industry/religion.

Alan: Yes, and a lot of what Leonard takes too is from the mysteries and the Talmud because there's a lot of truth in there too and it's all to do with the inner religion of the elite at the top because they do have an inner religion, which I think it was Bush, Sr. when he gave his first New World Order speech on 9-11-1990. Odd date to give it and then he repeated it the following year on 9-11 as well.

Jeff: Come on. He did?

Alan: Yes he did.

Jeff: What are the odds, folks?

Alan: Yes and we're supposed to take this all as usual and that's when he said, "I see a New World Order coming into view," but he also added that "it's all going to the heavenly plan" and they never explain to the public and of course the media know not to ask what he really meant. He's given a high decree to the high order of occultic masonry at the top, the high degree type, and it's going to the zodiac. The zodiac is a time clock and every figure they have in the zodiac has nothing to do with telling your future. That's the lower thing for the people to believe in. Each part of the zodiac is part of the plan and we're now going into the Age of Aquarius.

Jeff: Oh really.

Alan: And that's the whole point of it. During the Age of Aquarius, why do you think they waited until recently to bring up the homosexual movement to prominence?

Jeff: They certainly did that about 20-25 years ago. It began on television with - what was that old TV sitcom that was the first - two gals and a guy and the guy was played a young John Ritter who was - he was homosexual?

Alan: Three's Company.

Jeff: That was it. Three's Company. That was one of the first one I remember seeing which pushed it and I said okay like you did. Here it is. This is the first of an avalanche that's coming.

Alan: Then you had the lesbian movement which actually demonstrated for the rights of homosexuals. No one could figure this one out because they were all funded to do this, by the way. Because in the Age of Aquarius, Aquarius is actually a male god who was the most beautiful boy who lived in the Grecian Islands and he was raped by Zeus, it was a homosexual rape, and placed into the heavens and this is the time for the new man to come forward. That's why the Age of Aquarius is what it is.

Jeff: They're also portraying man and have portrayed males on television now especially in these sitcoms. I have another word for it, but they portrayed them of course as weak and subservient to the domineering female. This has become a feminist culture to a large degree and elevating homosexuality – especially male homosexuality has been a key component of this for a long time. The destruction of the nuclear family in the United States with the breadwinning male and the supportive and steadfast wife and the children, that's over. That's really ancient history now. It's all gone.

Alan: One month before 9/11 happened, it was in the newspapers a little few paragraphs about an International Censorship Meeting. Now most people think they're own Department of Censorship for television, radio et cetera is to protect your culture. That's what we presume.

Jeff: We would.

Alan: However, at this meeting they stated "we have broken through the barriers for various rights for homosexual and lesbians and that we're now pushing the next step which will be for intergenerational sex" and that would be promoted on television. The following day in the newspapers one professor in Toronto, one in I think Harvard in the states both gave the exact same speech in different newspapers to back up this very thing. Our censorship committees do not work for the people. They're there to test the waters to see if it's ready to push the next part of the envelope.

Jeff: How low can they go? That's amazing.

Alan: We are guided. Our thoughts are not ours. Even those groups who think they're benefiting are being used to destroy the old to bring in the new, which is a completely isolated individual in society with no small tribe to back him up. No family even to back him up. The government will talk directly down to you and that makes it much easier for those at the top to control everyone.

Jeff: The issue of dominance is now made so easy. There are very few random events anymore, but there are accidents of course, but in general any large political issue or geo-military issue is usually well planned out in advance. There are a few resisters on the planet. North Korea perhaps. Although they are certainly the agent of the Communist Chinese in many ways. The Iranians. Saddam Hussein was one. The Taliban made the mistake of not saying yes sir at the right time. It's all an articulated setup, folks. Back in just a minute with Alan Watt.

Okay, back with Alan Watt and go to Rense.com, click on Alan Watt, his name and you go right to his website cuttingthroughthematrix.com. A lot of material there. Very interesting indeed and if you're not able to click on his name just hit reload and make sure your load that page frequently. Things change often at Rense.com. Usually, it's the news that changes but we often change other things as well.

Alan, what about television and the media? Let's talk more about this. Our young people now are absolutely reverential towards these really vile, hideous, vapid, role models that are shoved down their little intellectual mental conscious throats

24 hours a day. These people that are put up there as role models are in so many cases as you've indicated fully deserving of the term "psychopathic." They're mentally aberrant. They're certainly sexually aberrant in many ways. There are hardly good role models there for our young people and yet that's what worries me. With the government school system now being as crude as it is and as effective as it is with the curricula that it is offering, I don't know how our young people really have much of a chance anymore. Do they?

Alan: To be honest, they don't. In fact, the generation that's up-and-coming have less chance than the previous ones because within every generation they've targeted literally the brain through inoculation and it's a horrific thing or conclusion to come to, but when you go through the history of inoculations you come across people like Salk who gave us the polio vaccine supposedly and then you follow the rise of autism that followed in its wake and the amount of different learning disabilities. These are all literally levels of autism and then you couple in Salk's background.

This man was a member of the World Eugenics Society.

Jeff: He was right in there.

Alan: He was a true believer in culling back the "lessers" at the bottom, which is always the fear of the elite: that the amount of ordinary people will overwhelm the psychopathic crew that run the world. Suddenly he comes out as the benefactor of a society supposedly and then you find that they knew that there was over a hundred odd live simian viruses in every polio shot--

Jeff: SV-40.

Alan: They also knew exactly what each one would do the human body. Then you come across writings by people like Arthur Koestler who worked for the elite. He worked for think tanks at the United Nations. His job was to find ways to bring viruses or bacterium or chemicals and guide them to specific parts of the human brain to lobotomize them and he said "to lobotomize that part of the brain that makes you, you, your higher critical analytical capabilities would be gone. This must be done to the general population for world peace."

Then you go into his history before he worked for the United Nations and New York and this man was an officer under Stalin who tells you in his own book, "**The Ghost in the Machine**", that he helped to bring on the starvation, the massacre of millions through starvations in Hungary under the orders of Stalin and he put down to historical necessity. They had to be wiped out so they starved them to death and he felt nothing. Well the man never changed his whole life because he was a psychopath and he truly believed that his job was to find ways to lobotomize physically every ordinary human being on the planet and he said that his team at the United Nations was only one team working on the same problem. He said, "we have the methods to do it. We can target any area perfectly. All we have to do now is to decide whether to keep using inoculations, add it to water or the food supply," in his own book.

Jeff: Right. Well like I say, no stealth. It's really all out there. They don't hide it.

That's the bizarre part about this. They just know that very few people are going to go looking for it and even those who find it will have very little success gaining any kind of media access through which they can publicize it in and who's going to believe it anyway?

Alan: Well that's what Brzezinski said in his own book. Now Brzezinski's a big player in all of this. You find the same people never retire from being advisors to governments and presidents. That's their jobs. Being good psychopaths, they have certain skills.

Jeff: And look at the crew in Washington now. How many have been there for decades?

Alan: Yes. You've got a real crew of top-rate psychopaths there who've been behind many wars and many murders and they sleep well at night like good psychopaths and they don't need sleeping pills. Scary.

Jeff: It's amazing. I have up at "featured stories" at Rense.com a number of very important - it's an excellent line of stories and material that I would urge all of you to read. One of them is particularly fascinating to me because I've been aware of this for quite some time and as you know Alan and as many of you folks know, when you see it in print and they talk about their experimenting with that maybe someday they'll be able to do something it usually means they've already done it--

Alan: It's already done.

Jeff: It's old news. Now the ABC news story is entitled "***Erasing the Pain of the Past.***" Scientists Are Developing - read Developed - have developed - Drugs That Could Eliminate Traumatic Events From Our Memories.

"I'd take it in a second," said Sgt. Michael Walcott, an Iraq War veteran, referring to an experimental drug with the potential to target and erase traumatic memories. Walcott, who served in a Balad-based transportation unit in Iraq that regularly took mortar fire, now suffers from PTSD. Since returning to the United States two years ago, he has been on antidepressants--"

That's another tool by the way of global control and governance. "And in group therapy as he tries to put his life back together and heal from the psychological scars of war." It goes on from there but the bottom line is that they are now on the verge of formally announcing medications that will help people forget. Now it's not hard for you to imagine where this is going to go. Talk about the old communist term of "rehabilitating someone," Alan.

Alan: There's no doubt about it. It started after Korea in fact with a psychiatrist who became famous in the industry for bringing out in about five-minutes post-orbital lobotomies and he performed them on American troops coming back one after another in huge lines and he could do it by inserting a probe round behind the eye and literally cutting part of the frontal cortex.

Jeff: Five minutes.

Alan: They've been at this for a long time.

Jeff: That's amazing. Well yes we are certainly chemically on the doorstep now of formally being able to alter the brain's memory. I think you know where it will go. They'll do it next with electromagnetics. There are many people now who believe that that technology already is extant as well that they can get into the mind, change it, alter it and so forth. There will come a time not too far down the road when people probably will be given the choice by the courts of going to prison for 20 to 25 years or submitting to a chemical lobotomy. They won't call it that. They will call it something else but that's what these drugs basically are all about.

Alan: It's already been done in Britain in some cases where they mandate in court a chip in the brain. That's there. It's here now.

Jeff: Well there you go. This is all really being unfurled at an incredible pace, Alan. I honestly didn't think – I knew, not perhaps with the articulation that you've been viewing life but I knew that things were going in a very, very depressing and morbid direction for a long time. I did not expect it to be rolled out this quickly.

Alan: They have to. They have to because they have a time schedule.

Jeff: They have a window and they've got to jump through it.

Alan: They have to. If they let it go on too long there will be too much opposition from the ordinary people who start sharing intelligence and right now we've got so much counter-intelligence to wrap it up into weird areas to divert them, but they know they can only hold this for so long before they start to lose it, so they must give us crisis upon crisis as they ram it all through.

Jeff: Sure and their step of course is to push ahead a mile and then retreat an eighth of a mile if they have to and back off, but they've still made enormous gains every time. Three steps forward. Two steps back, whatever. You're still ahead and even if you're falling on your face, you're still moving ahead. So they just don't know backwards. That's right.

Alan: It's a massive machinery of coordination from the top down through all their employees, the bureaucracies, methods of control. They all work together and try to mesh this all together at the same time and if something happens and a whole area is out of sync, they start to lose and they know this, so they're very edgy right now.

Jeff: It is amazing to me to watch again the electronic media in this country and how powerful it's become. I pulled the plug on television almost 19 years ago now. I don't watch commercial television. I don't have commercial television. I do see it occasionally out and about and what I see is appalling to me. The imagery. The commercials. The pacing. I remember 20 years ago watching so-called children's television and being stunned even then having come from a background in television, news and production. The commercials then, Alan, they had in a 30-second commercial sometimes between 50 and 60 different scene cuts and none of the scenes were static shots. They'd all be moving shots so you have this visual amphetamine diet that children are fed and then of course the audio would be fast

paced as well and so these kids are literally strung out on speed, audio-video speed, and then they're going to class at the age of five and expected to sit still and after being fed a huge dose of sugar for breakfast. Nutritionally depraved food. It's not even food. It's something else - products. This is all anticipated and then they did what next, as we go to our break. They decided to name this disorder ADD or ADHD and then they did what? They introduced drugs to cure it. This was all planned. No surprises. All right, standby. We'll be right back with another hour to go with our conversation tonight with Alan Watt.

And welcome back. Talking with Alan Watt. It's two hours tonight getting his views on things. Many of the views of course are amplifying what we've talked about for many, many years. Alan, what would you like to discuss this hour that - I don't want to lead the conversation all night. You've got much to talk about.

Alan: I think people have to realize that everything which they take for granted as their culture was literally meticulously planned for them from the top from professional people. This was stated by Lord Bertrand Russell back in the 1950's when he said that "we the elite must bring in the big Madison Avenue crew that can do marketing and market culture straight to the people." Now they'd already been doing it for long enough but less scientifically and they thought they could bring the specialists in to give us our opinions; and sure enough, everything is marketed to the public through fashion, through music, through entertainment, even through the novels you read. This is not new.

In the late 1800's, the Rothschild's set up foundations for novelists. They would fund them to write specific stories concerning even future space travel and this was all to get us to go along with this particular idea of thought, so that when it came into view way down the road in the next century it would seem quite a natural road to have taken. That's called "predictive programming" long term. Everything that we are fascinated by in fact is marketed to us and we think it's our ideas, even the music.

I used to be in the music industry in the studios and writing for different groups and individuals, and I've seen it all. I've seen how it's produced, how it's made, what it is to be promoted. It comes down through the grapevine what's politically correct to push to the youngsters and every writer gets the word. There is nothing that happens which we take for granted in fact that isn't decided, planned and debated by think tanks--

Jeff: Excuse me, Alan but this goes back to Dr. John Coleman's book on "The Committee of 300" and Tavistock and he made it quite clear that the entire psychedelic rock music era with the Beatles and so forth was no accident. People laughed and said what do you mean, the Beatles weren't working for the globalist elite. No, but the music that they were producing was certainly given fast-track and was quite good at the time. It was as if the actual times were structured to accept that kind of a sound rather than the other way around.

Alan: Yes, it was. In fact, it has been tried before you see. Initially, they tried to start the destruction of family life by bringing promiscuity back in the late 1800's. Once again, it was the tutor of H.G. Wells who put that forth that free love must be made a big part of culture for the youth. In the 1920's or the Roaring 20's, you had

a miniskirt for the Charleston dance. They made booze cans very attractive places to go. They brought cocaine in at the same time, but the fallout from it all was massive unwanted pregnancy and venereal diseases and that's when the Boy's Towns and all the orphanages suddenly opened up and they didn't have the freedom of abortion clinics, so they had backstreet abortions. So they went back. They repackaged it. They waited their time. They tried the jazz first through the beatniks and drugs. That didn't take on in Britain but it took on in Europe and so then they repackaged and came back with what they called "the pop industry" and then "the rock industry." Father was pop, you see, and then you have rock the foundation of the builders.

Jeff: Got it.

Alan: And rock, so they brought in the drugs again and at the same time a new type of music, the miniskirt again, but this time they also starting pushing the pill.

Jeff: Birth control pills.

Alan: Birth control and abortion and they had penicillin for the basic venereal diseases--

Jeff: So that was the second launching of that whole thing. It didn't work the first time. It got out of control but the same thing was brought back, repackaged with a scientific veneer as it were and it worked.

Alan: It worked and they used professionals behind the Beatles and other ones to make those records. You know that the Beatles never ever owned the rights of their songs. Theo Adorno owed them until he died. Theodore Adorno is a fascinating character who really was a student of the Hegelian dialectic, amazing mind but he was also psychopathic.

Jeff: His name again is Theo?

Alan: Yes, Theodore Adorno, Professor of Music at a university in Germany and eventually in London and then New York.

Jeff: A-D-O-R-N-O?

Alan: Yes.

Jeff: He owned all the rights to the Beatles music.

Alan: Then I think it was in the '80's he died and Paul McCartney put a bid in trying to get them and Michael Jackson outbid him, so at the present, Michael Jackson owns them.

Jeff: He owns - it's called "The Beatles Song Book," a catalog. Interesting. Very interesting. Well the whole pop culture - well I'll tell you this from the music of that time. It worked magnificently. The results I think probably exceeded their fondest expectations. They introduced LSD. They introduced marijuana. Cocaine again came in and there's more cocaine in this country than probably any other

kind of narcotic or drug I understand now. But in the '20's, I've seen and the '30's Hollywood starlets they had high-heeled shoes and in their high-heeled shoes they put their cocaine. I mean it was very common back then. You're right and in straight-laced England, I guess things – that was a strange thing, the late 19th century where the parlor was the entertainment stage of an entire culture and illusionists and magicians and all kinds of metaphysical things were very much in vogue and look how they've come back too.

Alan: That's right. You see they had to launch initially – see, they had a lot of men in the upper middle classes into what they called freemasonry, higher masonry, more of the noble orders, and they had to get a middle class to bring in the middle class bureaucracies they needed to run the next part of the phase, so they brought the lower orders of freemasonry into view and in the late 1800's they had to get women in as well, especially middle class women, so they brought out Madame Blavatsky and trained her to go out there and to be mysterious and attract women all in preparation for the coming century in fact. Blavatsky said it. She said that her mission was to blend Christianity with Hinduism because they wanted to destroy Christianity. That was the last vestige of the old culture, and sure enough, in the 1960's all of that was brought forth. The Beatles were told to go over to India. At that time they had millions of fans who mentally followed them. The bookstores across the U.S. and Canada suddenly and Britain became flooded with New Age books on Hinduism, Tantras and all the rest of it and Yoga and that was the start of it. They took a hundred years to prepare that whole phase.

Jeff: Somebody emailed and asked why they plan over such long periods of time when many of them won't be alive to see the results of it?

Alan: Because they are the builders. If you understand even the masons, the real stonemasons of the Middle Ages, never mind the architects, they would plan massive cathedrals that could take five or six or seven generations of stonemasons to complete. These are intergenerational families who plan the future knowing their offspring will take over and "make it be" as they say.

Jeff: That's remarkable when you think back about 20, 30 years ago what was going on and what's going on now. I really – I feel very sorry for our – I'm speaking in generalizations. All of you know that, but I feel very sorry for our youngest people. They are going to grow up in a world and they'll not know – they'll never know the kindness and the values and the gentleness of our youth, the way things were. They're going to know only crime and violence and overcrowded urban areas and non-stop noise, countless diversions, lack of accountability, no responsibility. They'll know that if one does seek to achieve independent study, independent success, very often the peer group will tear at them viciously and pull them back down because they don't want to be left behind and it is a threat if someone who's different. So I've never seen such self-policing in my life among young people. These kids are just regimented to the teeth.

Alan: The elite themselves understand that amongst the people beneath them, the commoners as they like to call them, in every generation there are people who have a higher intelligence who understand what's happening and they say that certain types of individuals are their worst problem. The masses are easier to control. However, that's why they declared a war and officially on individuality.

That's their main enemy. That's why in schools, everything is group think now. You're not allowed to have an independent decision or opinion on something; in fact, the class are taught to shun you if you do.

Jeff: And they do. I've taught high school for a couple of years in California. I think it was about 15 years ago and just couldn't do it, even then and now having some teacher friends and so forth and friends with kids in high school, it is grim. I don't have to tell you folks that out there who have kids. What do you do? You home school but then you're kids are going to be ostracized too and even if you put them in a wealthy private schools it's the same TV, it's the same pop culture, it's the same US Magazine, People Magazine, same trash. Listen to their music now. It all sounds almost the same. It's just amazing. Back in just a minute with Alan Watt.

Okay. And now here we are, after the turn of the century, even before the new millennium began, we had the age of the Internet, Alan Watt, and it continues to explode and push in so many different directions. At once appearing to be a great forum, a new or perhaps last bastion of free speech and freedom of expression, but in reality it is an incredible tool again of manipulation. Whenever there seems to be any progress made there are of course agents, provocateurs, agents disinformation, agents of all kinds turn lose on the Internet working for big corporate interests, government interests, intelligence agencies. You name it. The Internet is a jungle, in my humble explanation, estimation as well, and I don't know how people can actually be expected to walk into it and come away with any honest information without a great deal of research and intuition. I mean it takes more than that and that's one thing I think that they are trying to breed out of our young people and it's that inner voice, that intuition that we all are born with. They don't like that.

Alan: They also know that if the parents aren't aware of reality themselves and this is a mammalian thing. All mammals look towards a parent or parents for what they should be warned about, what they should be afraid of. If the parents don't know to tell them, be on the look out - watch education, not everything you're told is true, et cetera - the children will accept everything they're born into as normal.

Jeff: And they do.

Alan: They don't question it whatsoever. In fact, deep down if you really ask them, they'll say the adults wouldn't allow it unless it was okay. That's what they'd tell you.

Jeff: And that's what the adults say. Well the government wouldn't allow it unless it was okay. The FDA wouldn't allow me to eat this unless it was okay. The U.S. Department of Agriculture wouldn't allow us to eat this beets and other tainted commodities unless it was okay. This idea of passing the buck and allegedly trusting authority is probably the biggest lie of all.

Alan: It certainly is and **Zbigniew Brzezinski** in his book, "**Between Two Ages**," talks about this coming communication that they would give to the general public. He didn't say Internet but that's what he was referring to, and he said it will be given and promoted as a fantastic tool of information but he said in reality

it will be a device of control. It will be a standardization because through this particular device of communication you could create a new global culture, but also it would allow the people to put all information on the computer and authorities would have an instant retrieval of everything that each individual was doing.

Jeff: And that's what they have and they'll give up as I say. They'll take three steps forward and a step back. They'll give up a step back and people will be able to publish the truth on the Internet but they're not worried because they have - they're holding nearly all the cards.

Alan: Well they actually said, they called it "information wars" before they gave it to the public. In other words, they didn't wait until there was an opposition of people with knowledge after they gave us the Internet. They already had trained teams and individuals thousands who would put up sites, big fancy sites that would attract people in and then guide the people below. There's big sites out there giving out what seems to be some factual information, but it's mixed with incredible disinformation. The big boys don't wait until there's a problem. They foresee it because they have think tanks working always on problems that will come up in the future.

Jeff: No. They don't play catch-up at all and they have access of course and have always had as long as they've had them, access to super computers and they run models all the time. They're constantly running scenarios. We call them war games in a military sense, but they're running any kind of situation you can imagine into a supercomputer. They know plus or minus two or three percentage points how any given event is going to play out in advance. They know what the public will tolerate within a few reasonable percentage points. This is really a scientific effort and as every year rolls by they make quantum leaps further into total control through the Internet. They're now talking about making all America a wireless Internet hookup so you will not be able to escape it, I mean literally, and you have palm held Internet terminals now. It's mind blowing what can go on out there.

Alan: It's a training exercise step-by-step to the final thing which will be the brain chip, which will also be controlled by all the little microwave towers that are all across the cities.

Jeff: They call them cell towers but they're multi-purpose, believe me. They'll be able to do lots of things with these and first they'll give up - well they won't give up, they'll offer people the option of giving up their keyboard. How would you like to give your keyboard up? All you have to do is speak into - they could do that right now if they wanted to, and then, after that, why even speak when you can just think it. You can see all this playing out. It may take 50 years--

Alan: They had the global meetings on the brain chip at Loyola University and they said it's ready to go, all we have to do now is convince the public step-by-step to take the chip.

Jeff: It may take 50 years but again, they've got the time. At the rate things are going, I wonder. We have a break coming up here, Alan, but when we come back we might spend a little bit of time talking about the patriot movement, at least in terms of 9/11 and efforts to expose the monumental psychopathy which is now

running this country and the western world as it were. I'm not going to spare the eastern world either. It just looks a little different over there. Stand by. We'll be right back with Alan Watt as we continue. I'm Jeff Rense. Glad you're along. Do visit our website at rense.com. That's R-E-N-S-E.com. We try our best to bring you the best from the world of news information by which you are encouraged to think and make your own decisions so I do present lots of conflicting material. You know I don't buy into all of it, but I think it's good to read things that you don't necessarily agree with to try to shake things up a little bit. We'll be right back with Alan in just a minute.

We're having a conversation with Alan Watt tonight. Alan, how do you counsel people when they sally forth into the land of the Internet?

Alan: I find most people are already on it.

Jeff: I mean in terms of – all right, let's talk about people who are already on it but who are confused. I mean I have never seen more smut and mud flinging and character assassination and slander and libel and discrediting and fighting and disinformation in my life. I mean it is daunting for people like you and I and others who make our living really on the Internet to a large degree, but my goodness for the average person it must be quite a challenge.

Alan: It is. The problem is and the elite decide this and it's like Albert Pike said, talking about the coming revolutions – remember, we've gone through many revolutions. Most of them are bloodless. The sexual revolution. The feminist revolution. Even the pop revolution. These are all part of the alternation of history and Pike said, "we always give the people their leaders." They give leaders to all factions and so I tell people be very careful not just to follow someone like a pied piper. There are people put out, and this has always been done, even prior to the Internet, to lead people who seem to speak for you but you led you off in circles and nullify any affect that you would have. That's their purpose.

Jeff: And some of those people I might hasten to add don't even know they're being used. They're just ego-maniacal morons that know how to play word games and spout recorded sentences in how to whip people up and down and so forth and they're used. Their careers are fast tracked--

Alan: Albert Pike said, "some of them are just useful idiots," he said.

Jeff: There you go. There you go.

Alan: And they tend to be the best one because they are often sincere--

Jeff: The most passionate. They sound sincere and people buy it, exactly.

Alan: So I tell people, look, you are your own champion. You've got to start remembering that and regaining that inner power that they have. Each person is their own champion. In this culture you're always taught to look for a hero--

Jeff: Isn't that the truth.

Alan: And that's the game and we are our own champions. Everyone has power to speak out, to petition, to demand. In fact, even right to your school level and go to your school board and demand to know the histories of these people and the associations they've sworn allegiance to already and you'll be surprised. You have that right because you're voting people in over you who are going to have authority over you, so you have the right to know everything about them, including all the oaths they've taken and to what they've taken those oaths to, until you find they're all internationalists. They're all into one freemasonic group or another, which are all one at the top and who are all globalists by the way. Then it starts to make sense as to why you have this massive network across the world all making the same rules in education and every facet of your life, even your local councils, all making the same little laws and rules at the same time. We're already global. That's the thing. They just haven't told the general public. We have the right to demand that, to know that.

Jeff: Well we do and that's the best kind of activism that we can practice. Individual and local. Get after it. Do we think the world has now been, with the exception of Iran and what was Iraq and North Korea and so forth, a few holdouts, do we think the world has largely been harmonized as they say or homogenized as I say?

Alan: That's right, standardized.

Jeff: There you go. That includes Communist China. That includes--

Alan: Communist China was set up by Britain.

Jeff: Of course it was, 100 and how many years ago now?

Alan: They set it up. They funded it. Lord Bertrand Russell was sent over there to teach in the first university the whole idea of communism. He writes about it in his own memoirs.

Jeff: First they drug the Chinese and turn them into opium addicts, in the middle of the 1800's I guess, the East India Company and then they went over and gave them culture.

Alan: Yes and Al Gore and Bush and all these boys made millions because their ancestors made millions in that very opium war, all the boys from Yale University.

Jeff: Okay. Do we see, and I think we do, a measure, maybe it's a last gasp but maybe that's why Bush is probing in Eastern Europe and well specifically Czechoslovakia and Poland with his so called "anti-missile system". There is now very provocative geopolitics being thrown in the face of Vladimir Putin and the Russian general staff. The oligarchs of course being allied if not downright run by the Rothschild's and so forth and the globalists in the UK do seem to be at war with Putin. There does seem to be some nationalism there. Of course, nationalism is anathema to globalism and I'm wondering what your take is on Russia right now?

Alan: I think they're just setting up another straw man in case they need to bring

out another big bad bear in the future. You'll notice before World War II there wasn't much said about communism. During World War II suddenly Stalin became "Uncle Joe" through all the propaganda in the U.S. and then immediately after World War II they needed another enemy to tax us all and to protect us from and so he was "Bad Old Bear" again. Well they always have an enemy that's on standby in case they need them, but they're all working in cahoots together. The same global bankers lend to every country and they're all internationalists. You cannot have in this day and age a man doing his own thing at the top because it's so easy to assassinate him.

Jeff: Well Putin supposedly has survived at least six or eight documented attempts to take him out. The Chechen war of course largely bankrolled by exiled Russian oligarch Baranovsky who calls himself "the father of the Chechen revolution" and all that to try to continually bleed and drain Russia. At least that's the surface of it.

Alan: However, the thing is, too, when you go back into the British home department, the strategies before World War I, they talked about the Turkish problem because the Ottoman Empire run the Middle East at that time--

Jeff: The sick man of Europe.

Alan: They went into the Soviet, the Russian. There was just too many little countries and the Baltic countries too and they had to standardize them all quickly to get a standardized culture, education system, government system and so it was decided to go ahead and finance communism, the fastest way to bring them all together by force, leave it for about 70 years and then pretend to give them independence. You found you had the same set up across the whole country as Britain, which was called democracy. This is an ongoing plan but they also said their final battle would have to be against the Muslim countries to bring them in under the same standardized system.

Jeff: How long have they been saying that?

Alan: They've been saying that since Churchill wrote about it just after World War I.

Jeff: All right, then they're certainly setting the stage for that now. It's non-stop. Back in a couple of minutes with Alan Watt. Oh, and the controversy over the film "300", I shouldn't call it a film but a major propaganda effort of course, which paints the Iranians known as Persians as the big bad guys on the planet right now. Be right back.

It really does stupefy one who is able to see and those of you out there are many who can see what's going on. We are being assaulted literally from every possible angle, Alan. I can't imagine one angle that our senses are not being probed and measured and tested, if not toxified by something or another, and certainly our food and our water are right at the top of the list. I mean this issue of fluoride has been known since World War II. It absolutely decimates the part of the brain that we derive our initiative from and our proactivity from, it pacifies. They are now finding out that aspartame does much the same sort of thing to rats. It takes away

their interest in defending their territorial areas that they will in the wild, even in the cage setting, so it makes rats – this is aspartame, NutraSweet, pushed by Don Rumsfeld of Monsanto.

The toxins in our food are just astounding in number and absolute--

Alan: That's deliberate.

Jeff: And awesome in their deliberate effectiveness, correct.

Alan: They don't put it in first and then find out the effects after which people understand before they put it in.

Jeff: Well MSG and all the rest of it.

Alan: Because, as I say, these psychopathic groups down through history have always tried to find ways – the ancient Egyptians used techniques on their slaves. They had food worked down to a perfect science. What type to feed them. Just how much to feed them and what to deprive them of so that it would keep them sluggish of mind but fit in body. This is an ancient science that's been used over and over and down through the ages.

Jeff: Sluggish of mind and fit in body. An email from one of our listeners with a question, she says, I wonder what Alan's assessment is of the current psychopathic evil from a spiritual perspective? Are we in a spiritual battle with evil or are we in something else?

Alan: If you boil it down to a spiritual battle – now with the New Age, spiritual means it's almost so diluted and multifaceted it has no meaning left; but really, yes, at an individual level the spirit is the spark of life, your initiative within you that makes you *you*, the complete you. The real ghost in the machine, that's what they mean by that, and so this is a battle for the sentient mind. It's the last battle. It truly is the last battle. If that goes it's game over for everything to come. We are the building material for these people. That's how they see us. They can reshape us and recreate different types. That's all in the books and if we let this happen it's game over for all the things we call humanity or humanitarian abilities, the things that give us love, pleasure, kindness, all of those emotions which make you a complete total human being, it's game over for that; and yes, from that side of it, it definitely is a spiritual battle and these elite at the top certainly do have their own particular inner religion.

Jeff: Right. The patriot movement, more specifically the 9/11 truth movement, is a catastrophe right now in my humble estimation.

Alan: I think it's on purpose.

Jeff: Well of course. For all the good work that has been accomplished, there has been at least an equal amount of destruction that has been wrought deliberately with great intent and malice of forethought toward many who are trying to do good work. It's quite an ugly automobile crash to bear witness to.

Alan: Yes. I've seen the machinations even when it was all shortwave radios and the wars they had between them over the years and the takeovers, and just like any other business it was ruthless and the people concerned often were ruthless; so, yes, I think it's a deliberate attempt to now confuse the followers. First you get the followers; then you bring them into a stage of confusion. This is part of a strategy as well, by the way, it's been used before, until people don't know what to believe anymore. They give up and when they give up again it's like that part of the spirit dying. That's what's wanted by the elite. Psychological warfare tries to defeat an enemy before you make the big move.

Jeff: Oh yeah. You don't have to physically defeat them. You take their will and their drive and their spirit away and it is in a sense a spiritual battle for the individual's spirit if you will and I'm talking about spirit in a rather secular sense. Once you take that drive and determination away from someone you effectively do spy or neuter them and then that's game, set and match.

Alan: And that is the purpose. It's happening right now and I was waiting for it coming because it's been done before. It's the normal strategy at this stage of the game because the next step of the game is going to be horror because the United States has thousands of more laws put on the books than Adolf Hitler or the Soviet Union ever had.

Jeff: Thousands more. You can repeat that all night long as far as I'm concerned. People have not a clue about the laws that are on the books now. Many of them are buried in Executive Orders. Many of them are appended to various pieces of legislation that no one even reads and don't even know they're there.

Alan: When you use one fraction of them and you see them used in force, you are under the biggest tyranny that's ever been devised on this planet.

Jeff: I'm so sorry for people who put their heart and soul into trying to wake others up thinking we're going to somehow turn this around. That these evil psychopaths are going to walk voluntarily away from their captains' chairs of authority and control and life and death literally over all of us and over much of the planet. They're not going to give up. They'll take all of us down with them before giving up.

Alan: That's the standard - Hitler said it in the bunker. He said that if the Germans couldn't become the superman and dominant the world, he said, they don't deserve to live.

Jeff: Hitler was by far - he was not the worst of the lot in the last century.

Alan: No, he wasn't. He was one of many in fact but they're all the same. They grab popular causes. They're psychopathic in nature. They know how to grab a hold of popular sentiment, rise to the top and then turn it off in some odd direction to suit their own ends, and of course the elite at the top are no different. The only difference is they are born into the families who are already wealthy and have all the advantages of power. They're in power already.

Jeff: Sure. You mentioned about the alignment about the last great war against -

in this case the last great war would be West versus East, the Muslims and there are billions of them. They are so far very unorganized. They don't show any signs or ability of organizing and becoming a real viable threat, with the exception perhaps of Pakistan but that is apparently so well penetrated now that I don't consider them much of a danger to anyone. Your views on this. We have just a few minutes left.

Alan: Yes, that's a fact. They knew that eventually they'd have to destroy all of the old religions because old religions helped to give culture to families, especially families which are the remnants of tribes really and tribalism is a threat. Any group that stands up and says no together is a threat.

Jeff: Well tribalism and nationalism are first cousins.

Alan: That's right and so therefore they said that they'd have to destroy Christianity. Christianity is so watered down and so diverse you can hardly actually call it - it is nothing like original Christianity at all, so the only thing that's left now is Islam and they said they'd have to completely eradicate Islam.

Jeff: Because it is a solid, viable, historically accurate if you will religion.

Alan: Absolutely. It is a complete culture. It still has the family unit. It still has the extended family. They're still willing to stand together for each other, whereas this world that's coming into view will have you and a computer at one stage of it and a government bureaucrat just like Orwell's '84 talking directly to you number so-and-so.

Jeff: Glad you mentioned Orwell. Very quickly, your view of Orwell and what he tried to do.

Alan: Orwell was definitely trained to be part of this. He was picked at Cambridge as many of them were by an elite. He believed in what he was told. He was told it was to bring in a new better society. He was the darling of the socialist movement and he went off to fight in the Spanish Civil War. He thought the communists were good until he met them, then he realized that the communists and the socialists and all the other groups including the right wing factions, Republicans, were all being led by the same capstone. When he came back to teach in the socialist groups and tried to say, hey, we've all been had, they all turned away. He couldn't get his book published, "1984," to warn them, even though he had three contracts with the biggest publishers in Britain and that's when he concluded that the publishing houses were all one group. Their job was censorship, not publication.

Jeff: It was a done deal even back then?

Alan: Yes. Information is power you see.

Jeff: He was I guess in a way a heroic man, wasn't he?

Alan: He was. They tried to kill him in the hospital when they had been treating him for tuberculosis. He was hemorrhaging from every orifice when his friends

pulled him out of there.

Jeff: Prolonged his life for how long?

Alan: A few years. He went up to an island off Scotland to try and get away. He knew eventually he'd die or they'd kill him and he put so much in to trying to tell the people, look, every side is being conned, there are no sides here; and he tried to tell them to regain their human values to survive.

Jeff: Like General George Patton figured that out too at the end of World War II.

Alan: He did.

Jeff: They took care of him. Alan, thank you very much for the wonderful conversation tonight. I look forward to another visit in the future if you would?

Alan: I would be. Happy to do so.

Jeff: Very good. I wish you the best of luck. Keep me posted. If there's anything I can do to help you, let me know and in the mean time we'll continue to send people to your website and I wish you the best.

Alan: And the same to you.

Jeff: Thank you, Alan.

Alan: Thanks for having me on.

Jeff: My pleasure. Good night.

Alan: Bye now.

Jeff: Alan Watt and do visit his website. He has lots to say. All right, we're going to pause at 21 hours. We'll be right back with you tomorrow night. See you then.

(Transcribed by Linda)